

THE NARROW PATHWAY

ENJOY GOD'S PRESENCE

THE PATHWAY

WORSHIP TOGETHER REGULARLY

SERVE OTHERS

SHARE YOUR STORY

ENJOY GOD'S PRESENCE

GIVE GENEROUSLY

DO LIFE TOGETHER

LIVE DIFFERENTLY

ACTS 17

27 God did this so that they would seek him and perhaps reach out for him and find him, though he is **not far** from any one of us.

PSALM 16

11 You make known to me the path of life;
you will fill me with joy in your presence,
with eternal pleasures at your right hand.

GOD'S PRESENCE

PRAYER

BIBLE STUDY

MEDITATION

FASTING





These Spiritual Disciplines concern both group and individual life. They include both inward and outward experiences. Through meditation we come to hear God's voice and obey his word. Prayer is the life of perpetual communion. Fasting is one means through which we open our spirits to the Kingdom of God and concentrate upon the work of God. Through the spiritual experience of study the mind takes on the order and rhythm of whatever it concentrates upon.

RICHARD FOSTER

**WE ARE NOT HUMAN BEINGS HAVING A
SPIRITUAL EXPERIENCE**

**WE ARE SPIRITUAL BEINGS HAVING A
HUMAN EXPERIENCE.**

PIERRE DE CHARDIN

A dirt path leads through a dense forest with green foliage. The path is narrow and appears to be made of earth and small stones. The trees and bushes are lush and green, creating a sense of a natural, secluded environment. The lighting is soft, suggesting a misty or overcast day.

**SPIRITUAL DISCIPLINES ARE NOT
SOMETHING WE DO
THEY ARE SOMETHING THAT IS DONE TO US**

ENJOYING THE PRESENCE OF GOD...

**IS THE BEST WAY TO COMBAT
CHRISTIAN FEAR**

1 SAMUEL 17

10 Then the Philistine said, "This day I defy the armies of Israel! Give me a man and let us fight each other." 11 On hearing the Philistine's words, Saul and all the Israelites were **dismayed and terrified.**

24 Whenever the Israelites saw the man, they all fled from him in **great fear.**

1 SAMUEL 17

34 But David said to Saul, “Your servant has been keeping his father’s sheep. When a lion or a bear came and carried off a sheep from the flock, 35 I went after it, struck it and rescued the sheep from its mouth. When it turned on me, I seized it by its hair, struck it and killed it...37 The Lord who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine.”

1 SAMUEL 17

45 David said to the Philistine, “You come against me with sword and spear and javelin, but I come against you **in the name of the Lord Almighty**, the God of the armies of Israel, whom you have defied. 46 This day the Lord will deliver you into my hands, and I’ll strike you down and cut off your head. This very day I will give the carcasses of the Philistine army to the birds and the wild animals, and **the whole world will know that there is a God in Israel.**

1 SAMUEL 17

48 As the Philistine moved closer to attack him,
David **ran quickly** toward the battle line to meet
him.

ENJOYING THE PRESENCE OF GOD...

**GIVES US ACCESS TO THE
WISDOM OF GOD**

LUKE 6

12 One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. 13 When morning came, he called his disciples to him and chose twelve of them...

ENJOYING THE PRESENCE OF GOD...

**GIVES US ACCESS TO THE
WISDOM OF GOD**

IT HELPS US RESIST TEMPTATION

**LUKE 4: 12 AND JESUS ANSWERED HIM, "IT IS
SAID..."**

ENJOYING THE PRESENCE OF GOD...

**PUTS US IN DIRECT CONTACT WITH
GOD'S GRACE**

ISAIAH 6

5 “Woe to me!” I cried. “I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty.”

6 Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. 7 With it he touched my mouth and said, “See, this has touched your lips; your guilt is taken away and your sin atoned for.”

A dirt path leads through a dense forest with green foliage. The path is slightly curved and appears to be made of earth and small stones. The trees and bushes are lush and green, with some leaves in the foreground slightly out of focus. The overall atmosphere is serene and natural.

SPIRITUAL DISCIPLINES

PITFALLS TO AVOID

PITFALL #1

**LETTING SPIRITUAL DISCIPLINES
BECOME A ONE-SIDED EXPERIENCE**

PITFALL #2

**TURNING SPIRITUAL DISCIPLINES
INTO A LAW**

PITFALL #3

**KEEPING SPIRITUAL DISCIPLINES
TO YOURSELF**


PITFALL #4

**FOCUSING MORE ON THE DISCIPLINES
THAN CHRIST**

PITFALL #5

STUDYING THE SPIRITUAL DISCIPLINES WITHOUT EXPERIENCING THEM

**JAMES 1:22 BUT DON'T JUST LISTEN TO GOD'S WORD. YOU
MUST DO WHAT IT SAYS. OTHERWISE, YOU ARE ONLY
FOOLING YOURSELVES.**

A dirt path leads through a dense forest. The path is made of brown earth and is flanked by lush green vegetation and small yellow flowers. The trees are tall and thin, with sunlight filtering through the canopy, creating a warm, golden glow on the right side of the image.

THE NARROW PATHWAY

ENJOY GOD'S PRESENCE